



My passion....

“SWIMMING”

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Hello !

My name is Alexandra
and this is a report about my
passion - *swimming*.

I chose swimming because I
like the sport and I really enjoy
competitions. I feel good,
excited and relaxed.




When I am on a
race

I feel like I'm
having butterflies
in my stomach :-)





I've been interested in swimming for six years. I got interested in this sport when I was five years old. One day I had to choose a sport. Me, my dad and my mum went to a swimming pool to see whether I was going to like this sport or not. And the very first moment when I saw all of the boys and the girls who were swimming, I felt in love with this sport.



I have learned a lot about swimming, so here are some facts about this sport.

I found that in the 30's the swimmers were swimming without glasses.

I found that the best swimming pool in Bulgaria was a football area once.



Interesting facts:

The first Olympic Games were in 1904.

The sport was created 6000 years before Christ.

The first swimming team was created in 1837 in Berlin.

The first competition in Bulgaria was on 18th of May 1923.



The most popular woman who swims in Bulgaria is Tania Bogomilova .



My personal trainers are **Vania Argirova** and **Radosveta Pironkova**. They were in a team with Tania Bogomilova - they have won many gold medals for our country.





Васил Левски
1837-1876

Спортно училище

„ВАСИЛ ЛЕВСКИ“

училище за шампиони,
училище с традиции и бъдеще

Education is really important for a champion.

I am a student in Plovdiv's sport school „Vasil Levski”. Here I can be myself and I can practice my favorite sport. I feel safe and comfortable. I made lots of friends. There are really good teachers who give us proper education. I really like my school.





Learning different languages plays really important role in this sport.

For example, when I am on a race in a different country I need to speak English well in order to understand other people.



When I practice English, I am able to read, understand and learn more useful techniques in order to develop and improve my swimming skills.



There are couple of important things you should keep in mind (if you want to swim). First, you have to practice a lot.

Other really important thing is to be serious and dedicated.

You must be strong and never give up no matter what happens.

....I really love my sport and my school ...

